TURKS & CAICOS
MAGAZINE
SPRING 2014

warriors of the impossible
Enable Passion team rides the wind across the Atlantic

Olympic champ
track deity Sanya Richards-Ross

Personal style
alice + olivia's Stacey Bendet

Graceful interior
designer Thom Filicia

Plus: What's new in Culinary SCI, local rising stars, fun things for kids and more.
Guest chefs, wine makers and organizers, including Makaziwe & Tukwini Mndala, Christopher Silva, Tuck Beckstoffer, Tiffany Derry, Christina Tosi and Kholiswa Ndoyiya.

Third Annual Caribbean Food and Wine Festival
- October 31 – November 2
- Providenciales

Delectable dishes and divine wine, presented by top chefs and vintners, were the stars of this highly popular three-day culinary festival.

Andrea Osborne, Natasha Stewart, Judi Parlee

Christina Capy, Kevin Budd

Chef Wolfgang von Wesser

Chef Tiffany Derry, LIF/Chef, Chef Christina Tosi

Joy Callendar

Anthony Lambatos, John Roccaforte, April Lambatos, Kari Quinn, Jonathan Dismuke, Sam Totten

Charlotte Drinker Kidd, Sloane Crosley

Above, a little light entertainment.
At left, Dennis Collazo, Waldmar Rios
With her funky hair, quirky style, and pensive mind hidden beneath large doe eyes framed by charismaic glasses, you could almost pick Charish Ferguson out from a crowd as a talented artist — and you would be spot on.

Though born in Freeport, Bahamas, to a Bahamian father, it was the 28-year-old’s mother, who hails from the island of North Caicos, that gave her a knack for art and the Turks and Caicos heritage she is fiercely proud of. Moving back home to the TCI shortly after graduating from high school in 2002 proved influential for the young creative, as she began a voluntary apprenticeship with the renowned local artist Philip Outten.

Studying under the tutelage of the iconic TCI painter helped Ferguson improve her style and technique before attaining her Bachelor’s degree in graphic design from Arkansas’ Harding University in 2006.

During her eight-month stint teaching English in Shinjuku, Japan, in 2009, she continued to grow and paint, energized by her travel exploring the Asian archipelago. “It was so inspiring! I would just walk around Harajuku (the exuberant creative district of Tokyo famous for its fashion and art) and take everything in. It was absolutely amazing!” she reminisces excitedly.

Tokyo didn’t just provide stimulation, but huge opportunities for the painter who exhibited her work at the Design Festa gallery based in her favorite district.

Though she brought fresh perspective from her travels when returning home to Turks and Caicos, adult responsibilities soon set in for the artist who subsequently embarked upon a career.

Putting her degree and talents to good use, Ferguson has made a profession of graphic design and illustration at a local resort.

Uniting the color blue, rare body shapes, and women as her muses, she still routinely finds time to paint. And when the canvas isn’t enough, Ferguson illustrates “everything her paintings can’t be” to quench her creative thirst.

Charrish Ferguson works as a designer and graphic artist, but finds her muses need expression in a variety of media.
Soft rain greeted Makaziwe and Tukwini Mandela on Nov. 4th, as they arrived in the Turks & Caicos Islands, their first ever trip to the Caribbean. What would likely concern many tourists was embraced by the daughter and granddaughter of the recently departed titan of South African liberation Nelson Mandela, known widely (and affectionately) by his Xhosa clan name ‘Madiba’.

The Xhosa people hold firmly that ‘qalu’ (rain) brings blessings and good luck. Already encouraged by the island’s welcoming sign of light showers and friendly faces, the two women - on island for the Caribbean Food & Wine Festival - appeared before press correspondents at The Wine Collar on Providenciales, proudly introducing a new venture for their well-known family - wines.

The Caribbean Food & Wine Festival has more than a little to brag about, having drawn heavy hitters in the global industry from Sonoma County to New York, for the 3rd annual event held in early November. Still, not surprisingly, the debut of these African newcomers — House of Mandela Wines — represented by the mother and daughter duo, gave the culinary festival an extra jolt of electricity. Though relatively new, their brand was first introduced at home in 2016, and expanded to American markets in 2012. South Africans are anything but newbies to the world of winemaking.

South Africa’s geography boasts a topography and climate ideally suited for the notoriously fickle business of wine production. The Cape Winelands of Constantia, Stellenbosch and Paarl are set in valleys and along river towns stretching below mountain regions that have given the country a 350-year history in the art of viticulture. However, a wine novice would be forgiven for not knowing of the more than 270,000 acres of vineyards in the African nation, as this formerly world-renowned wine producer was, during the 20th century, gradually stifled by global
the labels

The wine labels were designed with symbolism important to the Mandela family and their South African heritage. The bee, a symbol of life, also recalls the meaning of Nelson Rolihlahla Mandela middle name: ‘One brave enough to shake a bee hive from a tree’. The tree of life, wings, also represent importance of family roots.

The colorful labels of the Thembu collection are inspired by the printed shirts that were favorites of their famous South African patriarch.

For more details, visit www.houseofmandela.com.

on island

The Wine Cellar on Providenciales offers a selection of House of Mandela wines including white and red varieties. House of Mandela wines are also available at select restaurants.

Caribbean Food & Wine Festival co-chairmen Anthony Garfield (left) and Nikhil Advani (right) were proud to welcome Tukwini and Makazive Mandela from House of Mandela Wines.
capture Caribbean flavor & attitude

Jar
649.964.3050
Daily 11am – 6pm
Grace Bay Club is on a roll with its trendy, setting concept of opening pop-up restaurants on the beach and they haven’t missed the mark with the newest bar, Jar.
Picture yourself strolling along the most beautiful beach in the world, stopping to feel the urge for a little something to soothe the palate. Maybe a light meal or snack featuring detectable international creations or a drink to ease the mind. Where do you go if not Jar?
With everything from cocktails to food artfully served in jars, the good-natured bar offers beach-goers fresh dishes and interesting flavors in perfectly sized portions and, not to mention, the ideal presentation protecting food and drink from the sand and sea.

Coco Bistro
649.964.3569
Tues – Sat 5:30 – 10pm
Coco Bistro is famed for its garden dining under the palms and delightfully Caribbean atmosphere, but it’s the consistently delicious dishes that draw diners back again and again. Now this popular Providenciales restaurant has expanded its dining space further, to accommodate guests even on the odd day when the weather may not cooperate fully. A sudden shower no longer dampens the long-awaited dinner reservation, thanks to the new and inviting indoor dining space at Coco Bistro.

L’Attitude
The Regent Palms
649.964.5506
Daily 5 pm – Midnight
The Green Flamingos is getting a makeover with a new name, menu, and new attitude.
While the colonial Caribbean bar atmosphere has always been a local favorite for drinks before or after dinner at Parallel 23, now delicious appetizers and desserts are available for any island resident or guest.
The venue facing the courtyard of the Regent Palms makes L’Attitude a great spot for happy hour, pre-dinner cocktails and appetizers. Creative dishes that are fun to share, like cured meat platters, make for an idyllic start to any evening with friends or family.
Not ready to turn in after dining out? Step in for after-dinner drinks and something sweet and end the night on a perfect note.
improve your connection
relax together with a trip to the spa
by Samantha Feuss
Telephone, email, social media — there have never been more ways to stay connected. But, often the things that keep us in touch also get in the way of actually connecting with the ones we love. Nothing can beat a little time away from it all, but add a bit of pampering for the both of you that can be enjoyed at the same time, well that is the icing on top.

couples massages

Getting a massage with your significant other is one of the hottest trends in spas right now. There are a multitude of options, from in-spa treatments to those available right in your hotel room. During the process, each person is individually massaged in the same suite, at the same time, but by different therapists. Each individual can choose his or her own body oils, lotions and scents.

Many spas also offer whirlpools, saunas, hot tubs, showers and more in addition to their service at no extra fee.

why a couples massage?

It’s a great way to connect and relax together, sans coach and TV. The couple is close together, being lulled into a deep state of contented repose, while calming music plays and intoxicating aromas give the added sense of serenity. While some might find the partial nudity that massage requires off-putting, having their partner with them at that time will be comforting, reassuring, and perhaps romantic. The therapeutic touch and atmosphere of massage therapy is healing to the mind and body, and the benefits might even stay with the couple long after the appointment is over. The restorative treatment is a wonderful relationship builder and reason to take time out with each other.

TIP: You can choose if you would prefer to be massaged by a male or female, should you have a preference — just make that request when scheduling your appointment. Also, check to see if your partner likes to chat during a massage — you would not want to kill the mood or hurt feelings with unwanted chatter.

scents of love

Red Lane Spa at Beaches Resort
649.946.8000

Tropical Bliss massages side-by-side in a romantic setting will transport the senses on a journey for two that will stay with you long after your vacation ends. The massage experience is 50 minutes.

moonlight & stars

The Spa at the Regent Palms
649.946.8667

Enjoy a massage for two in the privacy of your patio as you relax under the tropical stars and listen to the soothing sounds of the Caribbean ocean. The ultimate 90-minute moonlit indulgence for lovers.

time for two

Anani Spa at Grace Bay Club
649.946.3050

Whether you choose a 50-minute Therapeutic massage or a 75-minute Well-Being massage, there will be plenty of relaxing and reconnecting with these couples treatments.